



CHOMOLHARI TREK

- DAY 01: Arrival at PARO
- DAY 02: PARO [Sightseeing]
- DAY 03: PARO-SHANA
- DAY 04: SHANA-THANGTHANGKHA
- DAY 05: THANGTHANGKHA-JANGOTHANG
- DAY 06: JANGOTHANG-LINGSHI
- DAY 07: LINGSHI [Halt]
- DAY 08: LINGSHI-SHODU
- DAY 09: SHODU-BARSHONG
- DAY 10: BARSHONG-DOLAM KENCHO
- DAY 11: DOLAM DENCHO-THIMPHU
- DAY 12: THIMPHU-PARO [Departure]

DAY 01: Arrival at PARO

Arrival at Paro Airport. Transfer to hotel. Overnight in hotel.

DAY 02: PARO [Sightseeing]

Drive to the winding road northward up the Pa Chu to Drugyel Dzong, the ruined fort that once defended this village from Tibetan invasion. Mount Chomolhari, the sacred summit, reaches skyward beyond the Dzong. This can be viewed on the clear day. On the way back visit a typical Bhutanese farmhouse. After lunch walk up the hill just above the Olathang hotel to stretch your legs for the onward trek. Or day excursion to Taktsang Monastery view can be arranged. Overnight in hotel.

DAY 03: PARO-SHANA

Drive to Drugyel Dzong where the motor road ends and the trek begins, following the river gently uphill through a narrowing agricultural valley. Lots of homes, kids and dogs on the way. Camp just beyond an army post. Alt. 2,800m distances 17Kms about 5/6hours.

DAY 04: SHANA-THANGTHANGKHA

Continue uphill through the river valley. It narrows and closes in and the trail winds up and down along the drainage. Camp is in a meadow with stone shelter for trekkers.

DAY 05: THANGTHANGKHA-JANGOTHANG

On up the Pa Chu. Pass a small army post where the valley begins to winder again. Now views of high ridges and then snow-capped peaks are all around. You begin to see Yaks and Yak herder's winter homes. Lunch will be probably at one of these. Camp beneath a ruined fortress at one of the base of Jhomolhari. Alt. 4,040m distances 19Kms about 5/6hours.

DAY 06: JANGOTHANG-LINGSHI

Wide Yak pastures on the way up and down the pass, possibly still some people in their Yak tents depending on the time of year you are there. Greasy views of Lingshi Dzong as you come down into the Lingshi basin if the weather is clear. Tserim Khang and its descending glaciers at the north end of the valley. Camp is in the stone shelter for trekkers. It has an inside fire pit and you can sleep on the wood floor or in tent. Alt. 4,150m distances 19Kms about 5/6hours.

DAY 07: LINGSHI [Halt]

On the day halt at Lingshi is a day excursion to Tshokha (Lahe) i.e. base camp of Jichu Drake can be done. During the excursion hundreds of blue sheep, musk deer can also be seen on the way. Alt.4, 500m, distance 15Kms about 3/4hours.

DAY 08: LINGSHI-SHODU

The trail ascends up to the Yalila (4,820m) from the pass mount Chomolhari, Tserim Gang and Masagang can be seen on clear day. There is actually considerable down to trail. Camp is stone shelter built for trekkers. It has an inside fire pits. Alt. 3,963m distances 22km about 7/8hours.

DAY 09: SHODU-BARSHONG

Follow the Thimphu-Chu through the forest rhododendrons water falls, it narrow and close in and trail winds up and down along the drainage. Ascending up to the ruins of Barshong Dzong. Camp just below ruined fortress with stone shelter for trekkers. Alt. 3,785m distances 13km about 3/4hours.

DAY 10: BARSHONG-DOLAM KENCHO

Descending down to meet Thimphu-Chu following gradually through the forest of thicker rhododendrons, and ascending up to pastureland. Camp in a meadow. Alt. 3,628m distances 11km about 3/4hours walk

DAY 11: DOLAM DENCHO-THIMPHU

Continue uphill through the forest to the small pass. The trail winds up and down along the drainage. The wild animal like langur can be seen. Where at Dodina we meet the transportation. Distance 14km about 4/5hours. Drive to Thimphu, overnight in hotel.

DAY 12: THIMPHU-PARO [Departure]

Early morning drive to Paro Airport for your onward departure flight.

Alternative Itinerary.

JHOMOLHARI TREK

DAY 01: ARRIVAL at PARO

Your arrival at the Paro Airport will be received by our representative and transfer to the hotel.

DAY 02: PARO [Halt]

Drive through the winding road northward to Drugyel Dzong, the ruined fort that once defended this village from Tibetan invasion. Mt.Jhomolhari, the sacred summit, reaches skyward beyond the Dzong. This can be viewed on the clear day. On the way back visit a typical Bhutanese farmhouse.

DAY 03: PARO – SHANA [Trekking]

Drive to Drugyel Dzong where the road ends and the trek begins. The trek will follow the river gently uphill through a narrowing agricultural valley. The total walking distances for the day will be about 17Kms, 5/6hours walk. Camp will be just beyond the army post at the altitude of 2,800m.

DAY 04: SHANA – THANGTHANGKHA [Trekking]

Continue uphill through the river valley till to your camp. Camp will be in a stone shelter used by the yak herders.

DAY 05: THANGTHANGKHA – JANGOTHANG [Trekking]

After crossing the army post you will see views of the high ridges and snow-capped peaks all around. You will also see the Yaks and Yak herder's winter home. The total distance will be 19 Kms about 5/6 hours gradual walk. Camp below the ruined fortress at the base of Mount Jhomolhari at the altitude of 4,040m.

DAY 06: JANGOTHANG – LINGSHI [Trekking]

The trail will be through the wide Yak pastures up hill for about three hours. You will stop for the lunch below the pass. After crossing the pass you will see the Greasy views of Lingshi Dzong as you come down into the Lingshi basin on a clear weather. Tserim Khang (Long Life Mount.) and its descending glaciers at the north end of the valley can also be seen. The distance will be about 19 Kms. 5/6 hours gradual walk. Overnight in camp. Lingshi is at the altitude of 4,150m.

DAY 07: LINGSHI [Halt]

During a days halt at Lingshi will make an excursion to Tshokha (Lake). Enroute you will see hundreds of blue sheeps and musk deer at the National reserves. Alt.4,500m, distance 15Kms about 3/4hours walk.

DAY 08: LINGSHI – SHODU [Trekking]

Today the trail ascends up to the Yali La Passn (4,820m). Good views of mount Jhomolhari, Tserim Gang and Masagang can be seen on the clear day. The distance is about 22 Kms. 7/8 hours walk. Night camp will be at the stone shelter.

DAY 09: SHODU – BARSHONG [Trekking]

The trial follows the Thim-chu (Thimphu River) through the forested rhododendrons and water falls. You will cover only about 13 Kms. 3/4 hours walk. The camp will be just below the ruined fortress of Barshong Dzong in the stone shelter.

DAY 10: BARSHONG - DOLAM KENCHO [Trekking]

The trial will follow the Thimphu River through the forest of thick rhododendrons. The distance will be 11 Kms. 3/4 hours slow walk.

DAY 11: DOLAM DENCHO – THIMPHU

Today the last of your trek through the rhododendron forest. The trail along the River ends at Dodina, where the motorable road ends. You may also see the Himalayan lungar waiting to bid you fare well at the sides of your track. The distance is about 14 Kms. 4/5 hours walk. Drive to your hotel for hot shower and evening at leisure and shopping.

DAY 12: THIMPHU - PARO [Departure]

Early morning drive to Paro Airport for your onward departure flight.

Important: Before you travel please check your **Tour Voucher** and **Arrival Information** for the latest joining instructions. This will be sent to you upon receipt of final payment.

All itineraries are subject to change without prior notice.